



BY THE GOVERNOR OF THE STATE OF GEORGIA

A PROCLAMATION

NATIONAL NUTRITION MONTH

- WHEREAS:** Food is the substance by which life is sustained. The type, quality, and amount of food that individuals consume each day plays a vital role in their overall health and physical fitness; and
- WHEREAS:** There is a need for continuing nutrition education and a wide-scale effort to enhance healthy eating practices. National Nutrition Month® is an annual nutrition education and information campaign created by the Academy of Nutrition and Dietetics; and
- WHEREAS:** National Nutrition Month® provides an opportunity for Georgia to help the Academy achieve its vision of a world where all people thrive through the transformative power of food and nutrition and to recognize the efforts being made across the state; and
- WHEREAS:** The campaign, celebrated each year during the month of March, focuses attention on the importance of making informed food choices and developing sound eating and physical activity habits; and
- WHEREAS:** The state of Georgia provides a variety of Nutrition Health services to its citizens through the Department of Public Health-Division of Health Promotion, local health districts and county health departments that offer Nutrition Education services through the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) Program, which offers population-based services within the three core functions of Public Health: Assessment, Policy Development, and Assurance; increasing the demand and providing options for achieving healthy eating lifestyles; enabling citizens to make informed food choices, and creating public/private partnerships to share responsibility for actions; and
- WHEREAS:** Georgia encourages all citizens to join the campaign and become concerned about their nutrition and the nutrition of others in the hope of achieving optimum health for both today and tomorrow; now
- THEREFORE:** I, BRIAN P. KEMP, Governor of the State of Georgia, do hereby proclaim March 2019 as NATIONAL NUTRITION MONTH in Georgia.

In witness thereof, I have hereunto set my hand and caused the Seal of the Executive Department to be affixed this 8th day of March in the year of our Lord, Two Thousand and Nineteen.



B. Kemp

GOVERNOR

ATTEST

Trinity K. Fleming

CHIEF OF STAFF