BY THE GOVERNOR OF THE STATE OF GEORGIA

A PROCLAMATION

FAMILY CAREGIVERS MONTH

WHEREAS: Every day, Georgians work around the clock so that their loved ones who are disabled, elderly, or injured may live with a measure of independence; and

WHEREAS: We call these individuals family caregivers, and they are essential to the health and well-being of citizens across our state; and

WHEREAS: Six out of ten family caregivers juggle their caregiving duties with everyday responsibilities. As they manage their households, prepare their children for school, and work either full- or part-time, family caregivers must advocate for their loved ones and make decisions that lead to the best care outcomes; and

WHEREAS: While caregiving can be a rewarding experience, it is not without its challenges such as stress, poor health, and caregiver burn-out; and

WHEREAS: By prioritizing self-care, a family caregiver can protect their personal health, strengthen family relationships, and prevent caregiver burn-out, enabling a care recipient to stay at home up to three times longer; and

WHEREAS: During Family Caregivers Month, it is important to celebrate the many contributions of caregivers and encourage communities, employers, and others to support their mission; now

THEREFORE: I, BRIAN P. KEMP, Governor of the State of Georgia, do hereby proclaim November 2019 as FAMILY CAREGIVERS MONTH in Georgia.

In witness thereof, I have hereunto set my hand and caused the Seal of the Executive Department to be affixed this 1st day of November in the year of our Lord, Two Thousand and Nineteen.

[Signature]
GOVERNOR

ATTEST

[Signature]
CHIEF OF STAFF