



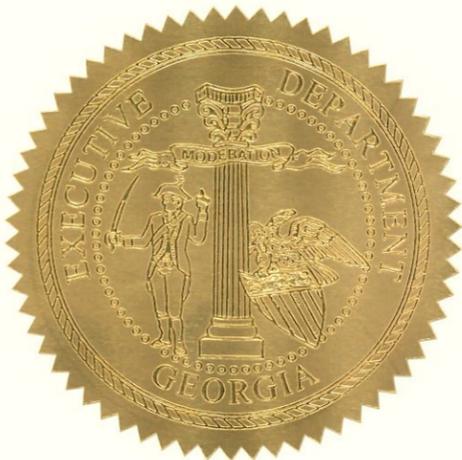
BY THE GOVERNOR OF THE STATE OF GEORGIA

## A PROCLAMATION

### NARCOLEPSY AWARENESS DAY

- WHEREAS:** Narcolepsy is a chronic neurological disorder caused by the brain's inability to regulate sleep-wake cycles, affecting approximately 1 in 2,000 Americans, and is often under-recognized and underdiagnosed; and
- WHEREAS:** Narcolepsy includes two types, Type 1 (with cataplexy) and Type 2 (without cataplexy), commonly causing excessive daytime sleepiness along with disturbed nighttime sleep, hallucinations, and sleep paralysis, and undiagnosed symptoms can contribute to accidents, injuries, and challenges in school and work, impacting individuals neurologically, socially, and emotionally; and
- WHEREAS:** Narcolepsy can affect people of all ages, typically beginning between ages 15 and 25; and
- WHEREAS:** Narcolepsy Network, founded in 1986, supports individuals with narcolepsy and established Suddenly Sleepy Saturday in 2012 to raise awareness, and
- WHEREAS:** Suddenly Sleepy Saturday occurs annually the day before Daylight Saving Time begins, highlighting symptoms such as excessive daytime sleepiness; now
- THEREFORE:** I, BRIAN P. KEMP, Governor of the State of Georgia, do hereby proclaim March 7, 2026, as NARCOLEPSY AWARENESS DAY in Georgia.

In witness thereof, I have hereunto set my hand and caused the Seal of the Executive Department to be affixed this 25<sup>th</sup> day of February in the year of our Lord, Two Thousand and Twenty-Six.



*B. Kemp*

GOVERNOR

ATTEST

*Lauren M. Curry*

CHIEF OF STAFF