

## BY THE GOVERNOR OF THE STATE OF GEORGIA

## **A PROCLAMATION**

## PHYSICAL ACTIVITY MONTH

WHEREAS: Physical activity plays a critically important role in overall health; and

WHEREAS: Physical activity is a cost-effective, fun, safe, and evidence-based public health

intervention to address chronic diseases, such as diabetes, heart disease, and obesity,

as well as mental illness and substance use disorders; and

WHEREAS: The State of Georgia is dedicated to improving the quality of life of all residents and

visitors through movement to inspire and facilitate a culture of active living; and

WHEREAS: Citizens are encouraged to find physical activity opportunities in worksites, schools,

businesses, fitness facilities, and communities throughout the state; and

WHEREAS: An effort to improve the health and well-being of all Georgia constituents, the State

of Georgia encourages its citizens to participate in diverse forms of human movement and pursue an active and healthy lifestyle, enjoying regular physical activity throughout

their life; now

**THEREFORE:** I, BRIAN P. KEMP, Governor of the State of Georgia, do hereby proclaim May 2025,

as PHYSICAL ACTIVITY MONTH in Georgia.

In witness thereof, I have hereunto set my hand and caused the Seal of the Executive Department to be affixed this 9<sup>th</sup> day of April in the year of our Lord, Two Thousand and Twenty-Five.



BYL

ATTEST

CHIEF OF STAFF