

## BY THE GOVERNOR OF THE STATE OF GEORGIA

## **A PROCLAMATION**

## FAMILY CAREGIVERS MONTH

WHEREAS:	More than 1.26 million Georgians today serve as family caregivers for their older or disabled loved ones; and
WHEREAS:	Many family caregivers juggle everyday life tasks alongside a career in addition to serving as a vital member of the care team for their loved ones. Whether it be for a senior with Alzheimer's or a child with special needs, the required attention can be non-stop; and
WHEREAS:	Although caregiving can be a rewarding experience, it is not without its costs, which can include stress, poor health, and caregiver burnout; and
WHEREAS:	With the responsibility of family caregivers growing every year, it is more essential than ever to encourage these hardworking Georgians to take time for self-care so they may continue their mission of providing loving care; and
WHEREAS:	The Georgia Department of Human Services' Division of Aging Services administers Older Americans Act programs and services that assist caregivers in providing home and community-based care for loved ones; and
WHEREAS:	Georgia's Aging and Disability Resource Connection (ADRC) provides information and resources to bolster the efforts of caregivers; and
WHEREAS:	During Family Caregivers Month, the State of Georgia celebrates the many contributions of caregivers and encourages communities, employers, and others to support their mission; now
THEREFORE:	I, BRIAN P. KEMP, Governor of the State of Georgia, do hereby proclaim November 2023 as FAMILY CAREGIVERS MONTH in Georgia.

In witness thereof, I have hereunto set my hand and caused the Seal of the Executive Department to be affixed this 23<sup>rd</sup> day of August in the year of our Lord, Two Thousand and Twenty-Three.

