



BY THE GOVERNOR OF THE STATE OF GEORGIA

## A PROCLAMATION

### POSTPARTUM MATERNAL HEALTH AWARENESS DAY

- WHEREAS:** Postpartum Maternal Depression is a mood disorder that occurs during or after pregnancy and can affect any mother, regardless of age, race, income, culture, or education; and
- WHEREAS:** Symptoms associated with Postpartum Maternal Depression include extreme sadness, anxiety, fatigue, and loss of appetite; these feelings can make it difficult for women to carry out daily tasks, including caring for themselves and others; and
- WHEREAS:** One out of ten women in the United States reported symptoms that suggest they experienced an episode of major depression in the last year, and one in eight women experienced symptoms of postpartum depression; and
- WHEREAS:** Many at-risk women may not seek help due to a lack of information about treatment for Postpartum Maternal Depression and related mood disorders, as well as a lack of resources to receive treatment; and
- WHEREAS:** Awareness of treatment and community support services for Postpartum Maternal Depression, including counseling and support groups, is essential to getting mothers the help they need during difficult times; now
- THEREFORE:** I, BRIAN P. KEMP, Governor of the State of Georgia, do hereby proclaim May 2, 2022 as POSTPARTUM MATERNAL HEALTH AWARENESS DAY in Georgia.

In witness thereof, I have hereunto set my hand and caused the Seal of the Executive Department to be affixed this 22<sup>nd</sup> day of April in the year of our Lord, Two Thousand and Twenty-Two.



*B. Kemp*

GOVERNOR

ATTEST

*Matthew Kippenhahn*

CHIEF OF STAFF