



BY THE GOVERNOR OF THE STATE OF GEORGIA

## A PROCLAMATION GEORGIA SHAPE MONTH

WHEREAS: In Georgia, 36 percent of adults are overweight and another 29 percent are classified as obese. Combined, nearly 2/3 of Georgia's population is considered to be at an unhealthy weight. Furthermore, 1 in every 5 children in Georgia is obese; and

WHEREAS: In 2009, the Georgia Legislature enacted the *Student Health and Physical Education Act* which required all students to enroll in physical education courses and participate in fitness assessments, the results of which are sent to parents; and

WHEREAS: SHAPE, the Georgia Student Health and Physical Education Program, collects valuable individual, school, and state-level data through a standardized fitness assessment, empowering children, parents, schools, and the community to make informed decisions about health-related fitness; and

WHEREAS: Georgia SHAPE is a statewide, multiagency, multidimensional, initiative that brings together governmental, philanthropic, academic, and business communities to address the nearly 40 percent childhood obesity rate in Georgia, the second worst rate for children ages 10-17 in the country; and

WHEREAS: GeorgiaSHAPE.org offers access to healthy recipes, examples of physical activities, explanation of the FITNESSGAM, and the Georgia SHAPE event calendar that promotes healthy events taking place around the state. Georgia SHAPE is not about dieting or exercising, it is about a physically active and healthy lifestyle; now

THEREFORE: I, Nathan Deal, Governor of the State of Georgia, do hereby proclaim the month of September 2012 as GEORGIA SHAPE MONTH.

In witness thereof, I have hereunto set my hand and caused the Seal of the Executive Department to be affixed this 20<sup>th</sup> day of August in the year of our Lord two thousand twelve.



*Nathan Deal*

GOVERNOR

ATTEST

*Cl. R.*

CHIEF OF STAFF